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Don't Believe The Hype -- Mineral Oil Won't Give You Zits

Science Daily — May 24, 2005 - A recent study published in the *Journal of Cosmetic Dermatology* reports that mineral oil, a common ingredient in many skin care products, does not cause breakouts on the face as was previously thought.

Joseph DiNardo with Pharma Cosmetix Research, LLC, in Richmond VA points out in his study that while industrial grade mineral oil may be comedogenic, cosmetic grade mineral oil is not. Comedogenic is a term used to describe cosmetics that cause comedones, more commonly known as blackheads and whiteheads.

Based on this information, mineral oil should rightfully be taken off the list of comedogenic substances, which was developed many years ago yet remains frequently quoted in dermatologic literature.

Further, consumers searching for effective skin care products need not look for those that claim they are "mineral oil free" but rather those that state they are non-comedogenic.

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This study is published in the *Journal of Cosmetic Dermatology*.

Joseph C. DiNardo has been working in the field of toxicological science for nearly 30 years. He started his evaluation of ingredients and products for comedogenic effects in 1976 and is currently Executive Vice President and Chief Scientific Officer at Pharma Cosmetix Research in Richmond, VA. He has previously held posts at Allergan, CCI and Revlon-Almay.

About the Journal

The *Journal of Cosmetic Dermatology* publishes high quality, peer-reviewed articles on all aspects of cosmetic dermatology. Now under the editorship of Zoe Draelos - a leader in the field - *Journal of Cosmetic Dermatology* will strengthen the bridge between the best of cosmetic science available in industry and dermatology to bring readers the most cutting edge information.

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